



Freeport High School Announcements
Wednesday, January 20, 2021

Seniors who want a photograph other than their school picture to be published in the senior pages of the yearbook need to submit that picture to the yearbook staff by February 26. Pictures can be submitted by email to freeporthighschoolyearbook@gmail.com, or by dropping off a copy of the picture to Mrs. Wheeler in room 221.

Seniors: Cap and Gown ordering questions should be directed to 1-800-567-8367 or jostens.com.

Seniors: If you have NOT filled out your diploma printing form, please email Sandra.Kraft@fsd145.org how you would like your name to appear on your diploma or fill out the form that was sent to your Schoology account.

SPORTING INFORMATION:

The Governor of IL relaxed COVID-19 pandemic mitigations for our region. This means the winter sports: dance, cheer, boys'/girls' bowling, boys' swimming, boys'/girls' basketball, and strength training can resume practice sessions. Spring (Volleyball, Football, Boys' Soccer) and Summer (Girls' Soccer, Track, Boys' Tennis, Softball, Baseball, Wrestling) session sports are permitted to have contact days starting soon. If you are interested in participating, please reach out to the head coach (listed below). Students need to bring a water bottle and mask to all practice sessions. Students participating in winter sports must have a valid physical and have all of the consent forms completed.

Coach Contact Information

Boys' Basketball - Coach Jackson thedford.jackson@fsd145.org

Girls' Basketball - Coach Bridges greg.bridges@fsd145.org

Boys' Bowling - Coach Kreeger john.kreeger@fsd145.org

Girls' Bowling - Coach Jacobs tim.jacobs@fsd145.org

Soccer - Coach Namio nick.namio@fsd145.org

Swimming - Coach Evans christy.evans@fsd145.org

Cheer - Coach Mefford linsday.mefford@fsd145.org

Dance - Coach Hersey tara.hersey@fsd145.org

Baseball/Strength Program - Coach Dascher shaun.dascher@fsd145.org

Softball - Coach Hersey chad.hersey@fsd145.org

Football/Wrestling - Coach Dedmond anthony.dedmond@fsd145.org

Volleyball - Coach Queckboerner mike.queckboerner@fsd145.org

Boys' Track - Coach Eiler richard.eiler@fsd145.org

Boys' Tennis - Coach Schradermeier ed.schradermeier@fsd145.org

Girls' Track - Coach Orlow shane.orlow@sd145.org

GO PRETZELS!